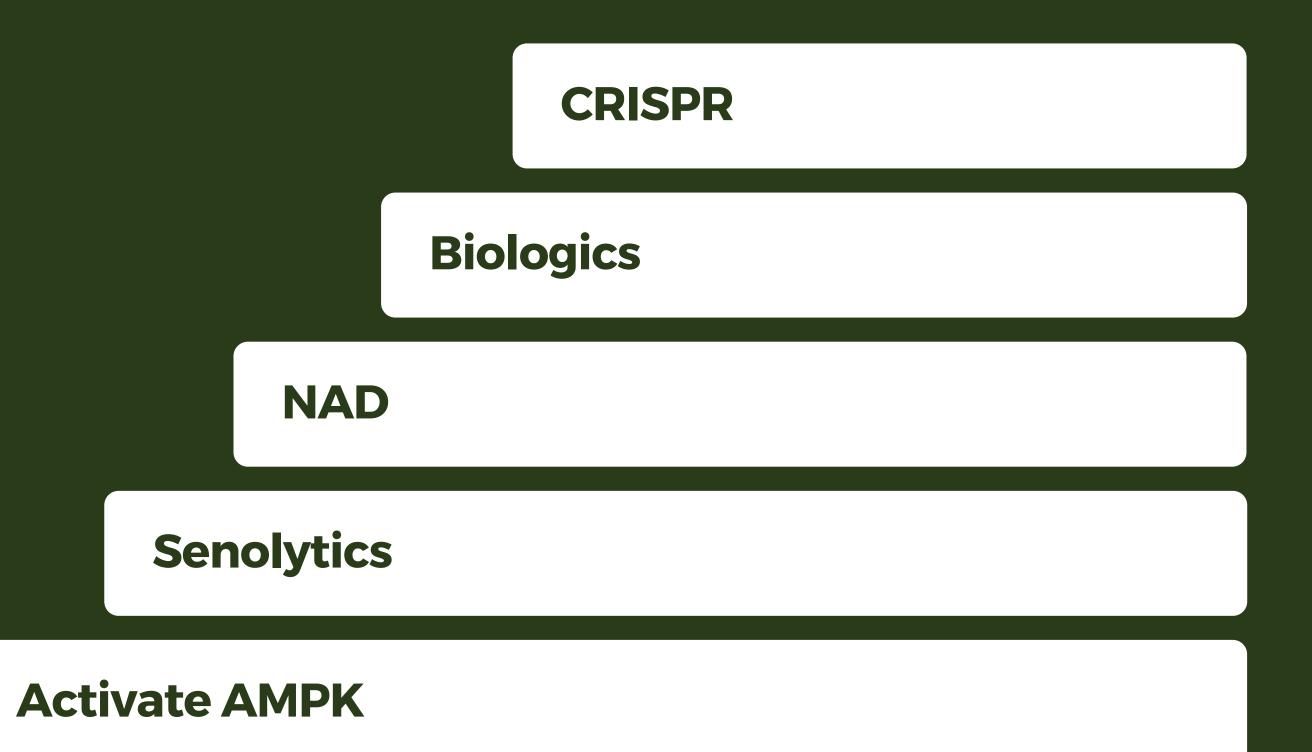


Stair Step Approach to Biological Age Control







A Health Data company, specializing in epigenetic testing & research.

# Why Measure Age?

AGING IS THE GRADUAL LOSS OF FUNCTION AT A CELLULAR AND MOLECULAR LEVEL.



TRUAGE DELIVERS A
MULTITUDE OF AGING
METRIC ANALYSIS,
INCLUDING TELOMERE
LENGTH, PACE OF
AGING, BIOLOGICAL AGE,
INSIGHTS INTO YOUR
IMMUNE SYSTEM'S
IMPACT ON AGING, AND
MUCH MORE.

## Core TruAge Reports

#### **Biological Age**

Your Biological Age calculated with Methylation Population Percentile Lifestyle Suggestions from latest research Your changes over time (if multiple tests) What affects epigenetic aging?

#### Immune Age

Intrinsic Epigenetic Age Intrinsic Epigenetic Age Immune cell-type ratio CD4:CD8 Ratio Lifestyle Suggestions

#### Telomere Age

Telomere Age Average Telomere Length Population Percentile



### CpG Loci Reports

Weight Loss Response to caloric restriction Alcohol Use - Current Status CpG Beta Values Advanced Health Metrics with consult

